



Actress / Model

UDA: 155324

July 8, 1970

Height: 5'8

Weight: 149 lbs

Hair: Dark Brown

Eyes: Blue

Spoken Languages: French/ Spanish (Intermediary)/ English (Intermediary)/ Italian (Beginner)

FORMATION

2024 / Carte blanche Hubert Proulx / Guest Geneviève Hébert / Pourquoi pas production

2023 / Camera 2 and its classics / Plan Large / Martin Perreault

2023 / Acting for camera / Myriam Guimond / Pierre Pageau

2022 / Acting for camera / Myriam Guimond / Marie-Charlotte Aubin

2022 / Acting for camera / Jean-Pierre Bergeron

2022 / Successful selftape / Unis / Benoit Finley

2021 / Funny acting / ÉNH / Luc Senay

2020 / Fiction auditionning technique / Benoit Finley / Mélanie Ranger / Sébastien Gagné

2019 / Preparation for a police role / Union des artistes / UDA

2019 / Canadian restricted firearms safety course

2019 / Tool box / Casting photo / Tamed his presence / UDA / Véro Boncompagnie Photographer

2018 / Intensive interpretation workshop / Ateliers Louise Boisvert / René Migliaccio

2017 / Intensive interpretation acting Level 2 / Louise Bergeron Teacher / Nathalie Boutrie

2017 / Text and character interpretation workshop Level 1 / Louise Bergeron Teacher / Daniel Poisson

2016 / Réel demo voice workshop / Héléne Rousse

2016 / Private voice yoga workshop / Héléne Parent

2016 / Intermediate acting for camera / Private / Jean-Pierre Bergeron

2016 / Text analysis / Jean-Pierre Bergeron

2016 / Diction workshop / Private / Sylvia Gariépy

2016 / Acting for camera / Jean-Pierre Bergeron

2015 / Publicity voice workshop / Jean-Pierre Bergeron

2015 / Acting for camera / Publicity audition preparation / Patrick Huneault
2015 / Acting for camera / Fiction audition preparation Level 1 & 2 / Patrick Huneault
2015 / Acting for camera / Liane Simard
2014 / Acting for camera / Anouck Simard

TELEVISION

2024 / La Collecte / Fair-Play / Directed by PODZ / Beautiful woman / SOC
2023 / Innocence / Bell Média / Directed by Alexis Durand-Brault and Sophie Laurin / Rich woman / SOC
2022 / STAT / Aetios Productions / Directed by Danièle Méthot-Trépanier / Woman protected by Philippe / Supporting
2022 / Les Bracelets rouges / Encore Télévision / Directed by Benoit Pilon / Lady at the checkout / SOC
2022 / L'air d'aller / Urbana / Directed by Sarah Pellerin / Pierre's tinder date / SOC
2022 / Indéfendable / Pixcom / Directed by Stéphane Simard / Continuing role / Mme Gouin / SOC
2021 / Les Mecs / Média Productions inc. / Directed by Ricardo Troggi / SOC
2021 / Dans ma tête / Pixcom / Directed by Marc Carbonneau / Buffet client / SOC
2021 / Contre-Offre (2) / Pixcom / Directed by Martin Roy / Yoga / SOC
2017 / La Belle Gang / Bell Média / Directed by Frédéric Bastien Forrest / Chronic / Teacher who give SUP-YOGA classes in a pool / SOC
2016 / Dans ma tête / Juste pour rire TV inc. / Directed by Martin Roy / Office employee / SOC
2015 / Dans ma tête / Juste pour rire TV inc. / Directed by Martin Roy / Lawyer / Supporting
2015 / Escortes / Amalga Créations Médias Inc. / Directed by Marie-Ève Beaumont / Madelyn / Supporting
2015 / L'auberge du chien noir / Société Radio-Canada / Directed by André Raymond / Auberge client / SOC
2015 / L'auberge du chien noir / Société Radio-Canada / Directed by André Raymond / Gym client / SOC

MOVIE

2018 / Genèse / Unité Centrale / Directed by Philippe Lesage / Drunk Mother / SOC

SHORT FILM

2022 / L'attrapeur de rêves / Fusionfilm / Directed by Gabriel Bissonnette / La femme Gourou / Principal
2022 / Magie / Ninja Productions / Directed by Marc Deslauniers / Mom / Lead
2020 / The Fugitive / Directed by Stephane Parent / 911 Operator / Supporting
2019 / L'autre / BCT Productions / Directed by Benoît Tanguay / Vampire Woman / Lead

PUBLICITY

2024 / Espace Proprio / Directed by Phélip Daigneault / Advisor / Principal
2022 / Métro 75 ième anniversaire / Cinélande / Directed by Jean-François Asselin / Wife of Marc
2020 / Pacific Food / Soup / Sailor Productions / Chef Woman / Lead
2017 / Raymond Chabot Grant Thornton / Corporate video / Businesswoman

VOICE OVER

2018 / Ricamar / Investment project in real estate at Costa Rica

MUSIC VIDEO

2021 / Cowboys Fringant / Principal extra
2018 / Ariane Moffatt / La Statue / Principal extra

MODEL

2024 / Espace Proprio / Photographer Jérémy Hughes
2022 / ConnectRN / LELOI / Photoshoot Nurse
2019 / Université permanente de Montréal UdeM / Photoshoot / Charles Delisle Photographer
2018 / Collection Bruni Surin / Photoshoot for sport clothing and Yoga Teacher
2018 / Marché de Brossard / Photoshoot shopping client / David maman Photograher
2016 / Beyond Physical / Photoshoot sportive trainee
2016 / Boucherie les deux frères / Photoshoot woman in a relationship / David Maman Photographer

DIPLOMA

2022 / SYMA coaching / Certified professional coach
2021 / Paddle instructor Canada
2021 / Restorative yoga instructor
2021 / Reiki Master
2019 / Canadian restricted firearms safety course
2019 / Certified in first aid and RCR DEA
2017 / Yoga Teacher (Yin,Nidra,Rondeur,Vinyassa)
2017 / Owner and Teacher of SUP (Stand Up Paddle Board)
1995 / Highschool Teacher (Sholar motivation class 15-17)

SPECIALITIES: Yoga / Pilates / Crossfit / Meditation / fast walk / Tai Chi / Spinning / Plongée en Apnée / Swimming / Bicycle / Racket snowshoes / Cross-country skiing / Ice skating / Golf / restaurant waitress / Latin dance (Salsa, Bachata, Merengue)
