



Actress

April 7, 1992

Height: 5'2 ½

Weight: 108 lbs

Hair: Brown

Eyes: Brown

Spoken languages: French/English (with accent)

FORMATION

2025 / Conservatoire d'art dramatique / Québec

2023 / Acting workshop / Nathalie Boutrie

2023 / Weekly stage work / John Starsberg method / Studio d'acteurs Gilles Plouffe

2023 / Private coaching for auditions / Benoît McGinnis

2023-2022 / Text analysis / 3x3 Applied text analysis / Les ateliers Fichaud

2022 / Acting for camera I and II / Les ateliers Fichaud

2020-2019 / Professional training in hosting and spoken journalism / Promédia school

2017-2023 / Bachelor's degree in public communication / Université Laval

2012-2010 / College Diploma / Arts and letters theatre concentration / College of Rimouski

2011-2009 / Dance-study program / Quatre Temps school dance / Rimouski

TELEVISION

2024 / L'indétectable / Sphère Média / Directed by Stéphane Lapointe / Aube Doré The singer / SOC

SHORT FILM

2023 / Every breath you take / Directed by René Migliaccio / Julie / Principal

2017 / L'art de se taire / Directed by David Labrecque / Supporting

THEATRE

2025 / Carmina Burana / L'Orchestre symphonique de Québec / Grand théâtre de Québec / Lead

2017 / Mine Bleue / Laboratoire / Les Treize Theatre troupe/ Director Geneviève Lacroix / Lead

2013 / Psychomathon / Theatrical play / Les Mabouldingues troupe / Director Annie Perron / Lead

PUBLICITY

2011 / Journée carrière en santé / Directed by Adam Pajot Gendron / Tortuga Films / Female astronaut / Principal

HOST

2025 / Host / A round-table discussion with Michel Marc Bouchard / Carrefour international de théâtre

2023 / Host / Voxpop / Avons-nous toujours peur de parler d'argent? / Presented by National Bank / Urbania

2023 / Host / Voxpop / Est-ce qu'on aime les chiens au Québec? / Urbania

2023 / Host and creator of a report / Maison des animaux sauvages / Urbania

2022-2021 / Host and creator / Podcast La Vie d'après / Viau Média

2020 / Host, journalist, creator et co-director / weekly program TVC l'été and The daily program Info.TVC / TVC de La Matapédia

VOICE OVER

2023 / Les Monologues d'URBANIA / Audiobook / URBANIA

AWARDS & DISTINCTIONS

2022 / Podcast to listen to in La Presse / Host and creator of the podcast La vie d'après

2020 / Recipient of the best Tv Host award / Promédia School

SPECIALITIES: Running/ Swimming (lifesaving swimming) / Volley-Ball / Yoga / Gym / Skateboard /